



# 2023 Conquering Cancer Health Fair

Saturday, September 23, 2023  
9:00am - 2:00pm | Marriott  
Beach Resort

# Health Fair

**Good morning and welcome everybody to the Conquering Cancer Symposium Health Fair! This event is free to the public, with the hopes of providing invaluable information and opportunities to the Cayman community, where we can educate ourselves to make better healthy choices in our lives, and also to keep tabs on our bodies, through free screenings and checks.**

**Please, as you make your way around the beautiful Marriott Beach Resort Ballroom, take time to chat with all the company representatives, who are keen tell you all about what they can offer, in support of creating a healthier you!**

**Check out our “SpeakEasy” – sorry it’s not a secret liquor lounge – but a presentation room where professionals will be giving short talks on cancer care, and ways and tips to make healthy life choices!**

**Dave O’Driscoll  
CICS Operations Manager**

# COMMUNITY TALKS

**9:00 am**      **Welcome and Opening**

**9:10 am**      **Session: Oncoplastic Surgery**

**Speaker: Dr. Omar Felix, Doctors Hospital & Integra Health**

**9:30 am**      **Session: Radiation Oncology**

**Speaker: Dr. Vikas Roshan, Health City Cayman Islands**

**9:50 am**      **Session: Breast Cancer-Update on Precision Medicine**

**Speaker: Dr. Zenia Nahleh, Cleveland Clinic**

**10:10 am**      **Session: Importance of Screening and Early Management of Prostate Cancer**

**Speaker: Dr. Janaki Sharma, UHealth Miami Sylvester Comprehensive Cancer Center**

# COMMUNITY TALKS

- 10:30 am**    **Session: Risk Factors for Pancreatic Cancer**  
**Speaker: Dr. Domenech Asbun, Baptist Health Miami Cancer Institute**
- 10:50 am**    **Session: Advances in Breast Cancer Management with Radiation**  
**Speaker: Dr. Vivek Patel, Holy Cross Health**
- 11:10 am**    **Session: Mohs Surgery-for Skin Cancer**  
**Speaker: Dr. Rebeca de Miguel, Derma Ltd.**
- 11:30 am**    **Session: Colorful Nutrition: Nourishing the Fight Against Cancer**  
**Speaker: Kristen Lomas, Seven Mile Clinic**
- 11:50 am**    **Session: Mental Health Challenges for Children of Cancer Patients**  
**Speaker: Dr. Basson, Alex Panton Foundation**

# COMMUNITY TALKS

- 12:10 pm      Session: Physio Treatment and Equipment  
Speaker: Rosie Sison, Rehoboth Physio and Pain Care**
- 12:30 pm      Session: Lymphoedema and Cancer Wound Care  
Speaker: Lyndal Alexander, Chatterbox**
- 12:50 pm      Session: Yoga - the Benefits for Cancer Survivors, Caregivers & Everyone  
Speaker: Christine Matthews, One Heart**
- 1:10 pm        Session: Advance Directives/Advanced Care Planning  
Speaker: Dr. Natalie Sharpe, Jasmine**
- 1:30 pm        Session: The Benefits of Reiki Healing and Breathwork  
Speaker: Shuvra Deb, The Abundance Coach**

# ABOUT THE PRESENTERS

## **Dr. Vivek Patel**

MD., Holy Cross Health



Vivek Patel, MD: Trained at University of Miami for undergraduate studies, medical school, as well as residency in radiation oncology. During residency Dr. Patel had the honor of serving as chief resident. He has published dozens of articles in peer reviewed journals as well as given many talks internationally. He is currently a radiation oncologist at Holy Cross Health and also serves as the Medical Director for the Michael and Dianne Biennes Comprehensive Cancer Center.

# ABOUT THE PRESENTERS



## **Dr. Rebeca de Miguel**

Dermatologist, Derma Ltd.

Dr. Rebeca de Miguel, a passionate dermatologist originally from Spain, has been a valued member of the Cayman Islands medical community for the past 12 years. With a strong foundation in dermatology, Dr. de Miguel has made significant contributions to patient care and community education. Her pursuit of knowledge led her to achieve dual master's degrees in Oncological Dermatology and Trichology, showcasing her commitment to offering comprehensive and specialized care.

Beyond her clinical work, Dr. de Miguel has been actively engaged with the Cayman Islands Cancer Society, focusing on educating the community about skin health. Her efforts have extended to schools, both public and private, as well as the private sector, making a tangible difference in raising awareness

Dr. de Miguel's dedication to mentorship is evident through her involvement in the Chamber of Commerce mentoring program, where she guides aspiring professionals, sharing her insights and experiences.



# ABOUT THE PRESENTERS

## **Dr. Lundie Richards**

Hematologist Oncologist  
Health Services Authority



Dr Lundie Richards is a Consultant Medical Hematologist-Oncologist at the Health Services Authority (HSA) and has been part of the organization's Internal Medicine, Pathology Laboratory and Hematology Oncology teams since 2019. He has been voted best Oncologist in 2023 by the Best of Cayman Islands awards. For more than 30 years he has specialized in treating patients with a variety of cancers especially those requiring systemic treatments with chemotherapy, immune and targeted therapies, and endocrine therapy; and non-cancerous hematological conditions (abnormal blood disorders – such as anemia and bleeding conditions) and provides direct oversight for blood banking and transfusion medicine, and all matters related to clinical and laboratory hematology. He is also the Head of Department (HOD) for Internal Medicine as a Consultant physician managing patients with multiple general medical conditions. He holds a Doctor of Medicine degree in Clinical Hematology with specialist training in internal medicine and hematology and medical oncology and has specialist training and qualifications in Transfusion Medicine, Public Health, and Health Management, and is a Certified Health Executive. A critical component of his work is to assess and manage patients with non- cancer blood disorders as well as those who present with various cancers, designing chemotherapeutic, immunotherapy and endocrine treatment plans as required. He chairs the Multidisciplinary Tumor Board and participates in operational research, and training teaching of residents and medical interns. He is fluent in both Spanish and English and enjoys cricket.



# ABOUT THE PRESENTERS



## **Dr. Janaki Sharma**

MD, UHealth International

Dr. Janaki Sharma, MD, is a board-certified medical oncologist who treats genitourinary tumors (adrenal, kidney, prostate, bladder, and testis). Her current research interests focus on development of novel therapeutic approaches for prostate cancer. She received her M.D. degree from the University of Kansas School of Medicine and completed clinical fellowships in geriatric medicine, medical oncology and hematology at Albert Einstein College of Medicine in New York.

Dr. Sharma served as an Assistant Professor of Genitourinary medical oncology at Albert Einstein College of Medicine from 2016-2019 and joined Sylvester Comprehensive Cancer Center / University of Miami Health System in 2019. She is passionate about medical education and has served as the Program Director of the Hematology Oncology Fellowship Program from June 2021.

# ABOUT THE PRESENTERS



## **Dr. Zenia Nahleh**

MD, Cleveland Clinic

Dr. Nahleh is Vice Chair for Cancer Institute, Director of the Maroone Cancer Center and Chair of the Hematology-Oncology Division at Cleveland Clinic Florida. She subspecializes in Breast Cancer. Her research focuses on innovative treatment of breast cancer, cancer survivorship care, cancer disparity and improving the quality of life of patients with cancer. Dr. Nahleh is a member in the ASCO Advisory and Guideline Methodology committees. Dr. Nahleh has received numerous awards including the “Patient Experience Medal of Excellence” in 2022. Dr Nahleh has authored over 100 articles in the field of cancer, cancer disparities and breast cancer research. She has presented in national and international cancer meetings and serves on the editorial board of numerous medical journals. Dr. Nahleh has American Board certification in Oncology.

# ABOUT THE PRESENTERS



## **Dr. Omar Felix**

General (& Breast) Surgeon

Dr. Felix is a fellow of the American College of Surgeons (ACS), a member of the American Society of Breast Surgeons (ASBrS) and a Fellow of the Society of Surgical Oncologists (SSO). Dr. Felix specializes in Surgical management of benign and malignant diseases of the Breast. He also has a keen interest in Oncoplastic Breast surgery, Melanoma, and Minimally invasive surgery.

# ABOUT THE PRESENTERS



## **Dr. Domenech Asbun**

MD, Baptist Health Miami Cancer Institute

Domenech Asbun, M.D. is a Board-certified hepatobiliary, pancreas and foregut surgeon at Baptist Health Miami Cancer Institute. He specializes in minimally invasive surgical procedures to treat liver, pancreatic and upper gastrointestinal diseases.

Dr. Asbun completed his surgical residency at UCSF Fresno, in Fresno, California, and completed a fellowship in minimally invasive hepatopancreatobiliary and foregut surgery at the Mayo Clinic Hospital Florida.

Dr. Asbun is a member of several professional associations, including the American College of Surgeons, and the Society of American Gastrointestinal and Endoscopic Surgeons (SAGES).

He has presented at national and international surgical meetings. His research has been published in multiple high-impact surgical journals, including *Annals of Surgery* and *Surgical Endoscopy*. He has a strong interest and significant experience in surgical simulation.

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**Health Fair Booths by:** Alex Panton Foundation | **Baptist Health Miami Cancer Institute** | Breast Cancer Foundation | Cayman Clinic | Cayman Hearing Center | Cayman Medical | Cayman Physio | Cayman Rehab | Cayman Islands Alzheimer's & Dementia Association | Cayman Islands Cancer Registry | Cayman Heart Fund | Cayman Islands Red Cross | Chatterbox | **Cleveland Clinic** | **Derma** | **Doctors Hospital & Integra Healthcare** | ENT in Cayman Ltd | F45 Cayman Islands | GNC | Green2Go | **Health City Cayman Islands** | **Health Services Authority** | **Holy Cross Health** | Infinite Mindcare | Jasmine | Lions Club of Grand Cayman & PACCE | Lions Club of Tropical Gardens | Loud Silent Voices | **OceanMed** | OnCourse Cayman Ltd. | One Heart Yoga | Pasadora Family Dental Clinic | Seven Mile Clinic | Sun Kyeong Cayman | Total Health | **UHealth Miami Sylvester Comprehensive Cancer Center.**

The Cayman Islands Cancer Society would like thank everyone who helped make this health fair possible, including the CICS volunteers and Board of Directors. Special Thanks to the Hon. Sabrina Turner, MP, Minister of Health, Environment, Culture and Housing for their Demonstration of support. Additionally we would like to express our heartfelt gratitude to the Cayman Heart Fund and Lions Club of GC for the health screenings.